



THIS WEEK'S SPECIALS ARE HERE

9/21 – 9/25

Monday, September 21st

Blue Cheese Butter Tri-Tip: Fresh Southern Natural tri-tip steak marinated and grilled. Topped with house-made blue cheese butter and served with green beans and twice baked potatoes.

Stuffed Chicken: Fresh Springer Mountain Farm's chicken breast stuffed with an artichoke cheese filling in a creamy tomato sauce served with scalloped potatoes. Roasted cauliflower may be substituted for potatoes.

Tuesday, September 22nd

Hearty Grain Salad: Multi grain salad with walnuts, sunflower seeds, pumpkin seeds, and apricots. Available with or without fresh grilled chicken or tofu.

Stuffed Peppers: Fresh peppers stuffed with local sausage and ground beef. Topped with homemade tomato sauce. Vegetarian version available.

Wednesday, September 23rd

Herb Grilled Pork Tenderloin: Fresh Southern Natural Farm's pork tenderloin marinated in fresh herbs, lemon, and Dijon. Served with garlic smashed potatoes and green vegetable.

Chicken Rustica: Fresh Springer Mountain Farm's chicken breast in a tomato, herb, and fresh vegetable sauce served over white beans.

Thursday, September 24th

Chicken Shawarma: Spiced chicken served over turmeric rice and paired with crisp tangy pickle salad and finished with yogurt sauce.

Red Beans & Rice: Classic New Orleans-style dish with Andouille sausage, ham, and red beans served over white rice.

Friday, September 25th

Grilled Snapper Puttanesca: Fresh grilled snapper filet with tomato, olive, caper and anchovy sauce. Served over pasta with broccoli.

Beef Bolognese: Slow-simmered ground beef in a rich tomato and herb sauce, finished with Parmesan and served over fresh pasta.

Sandwich of the Week

BBQ Brisket Sandwich: Braised brisket in a fresh peach BBQ sauce served with crispy fried onions, house pickles, and crispy fried onions.

Available Tuesday - Saturday

Salad of the Week

Teriyaki Grilled Salad: Choice of teriyaki grilled chicken breast, salmon or tofu served over mixed greens with grilled pineapple, edamame, red cabbage, fresh carrot, and toasted naan strips with a Teriyaki Vinaigrette.

Available Tuesday - Saturday

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Choto

1604 Choto Markets Way,
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[**www.goodnesstogocatering.com**](http://www.goodnesstogocatering.com)



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